

SIX STEPS TO SUCCESS



Articles in this newsletter are about young achievers and their achievements. Let me tell you some very simple steps that can help you become an **ACHIEVER**. The following ideas may seem simple, but are really hard to follow. By following them however, the fruit will definitely be yours.

1. The most important of all secrets to success is **HARD WORK**. You can't just say you want to do something; you have to do something to get to it. And all it takes is your time and effort. After that success will definitely be yours!
2. **MIND SET**: You must have the will power and the mind set to achieve! Avoid laziness and try to do it for yourself. You must never do something in order to impress others or for the sake of doing. "I DON'T HAVE TO; I WANT TO" This is the mantra that will help you recover from boredom and laziness.
3. **Competence**: To be truly successful and happy, you must be very good at what you do. You must resolve to join the top 10 percent in your field. You must excel in performing the task you set your heart to.
4. **Confidence**: Do what you do with no doubts and the rest will fall in place!
5. **Concentration**: Your ability to concentrate single-mindedly on the most important thing and stay on it until it is complete is an essential prerequisite to succeed. Success is impossible without the ability to practice sustained concentration on a single goal or task, in a single direction. The simplest way to learn to concentrate is to make a list for each day before you begin the day. Then prioritize the list by numbering them 1 through 10. Once you have determined your most important task, immediately begin to work on that task. Discipline yourself to continue working until that top task is 100 percent complete.
6. **Clarity**: You must always be clear in what you are doing. Ask yourself – Why am I doing this? What is the need? What am I doing? Am I sticking to the purpose? "This has to be a great achievement for me and no matter what, I am going to do it and I can do it" even if your brain says, "come on you don't have to do it", you have to say, "no I will and I can".

CLARITY strengthens WILL POWER >> WILL POWER strengthens CONCENTRATION >> CONCENTRATION strengthens COMPETENCE >> COMPETENCE strengthens CONFIDENCE >> CONFIDENCE strengthens MINDSET >> MINDSET strengthens LABOUR >> and that completes the process.

Ananya R. 9th Grade

In the next issue >>>

Nuts about numbers
Problem Solving
Math in our lives
Connecting the dots

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In this issue >>>

Every day we strive to achieve goals of various sizes. Achievement is measured in many different ways. Some have reached the milestone way ahead of others. This issue is dedicated to achievers who strive to taste victory!

Weekly dose of positivity and inspiration

I AM WOW!

Current issue – YOUNG ACHIEVERS

"Some people dream of success, while others wake up and work hard at it."-Winston Churchill

BOUNDARY IN BUDDING AGE

Sachin Tendulkar is a very good example of a young achiever. Sachin Ramesh Tendulkar is acknowledged as the greatest batsmen of cricket. He took up cricket at the age of eleven and played his test debut against Pakistan at the age of sixteen. Sachin Tendulkar played for Mumbai domestically and India internationally. He has scored 100 centuries internationally and has played 600 or more matches. Internationally he has scored 34,357 runs.

He has received 'The Arjuna' award, 'The Rajiv Gandhi Khel Ratna' award (India's highest sporting honour), and 'Padma Shri', 'Padma Vibushan' and 'Bharat Ratna' awards.

Sachin showed interest in tennis. Ajit, Sachin's friend introduced Sachin to cricket and he played well. The first time Sachin played in front of a coach, he didn't play well. Ajit told the coach it was because Sachin was self-conscious. Sachin played again and this time the coach hid behind a tree and watched him play. Sachin played well. And then there was no looking back!

Ambika B. 6th Grade

YOUNG ACHIEVERS

Issue
TWO

13 October 2014

**DREAM
PLAN
WORK HARD
ACHIEVE**



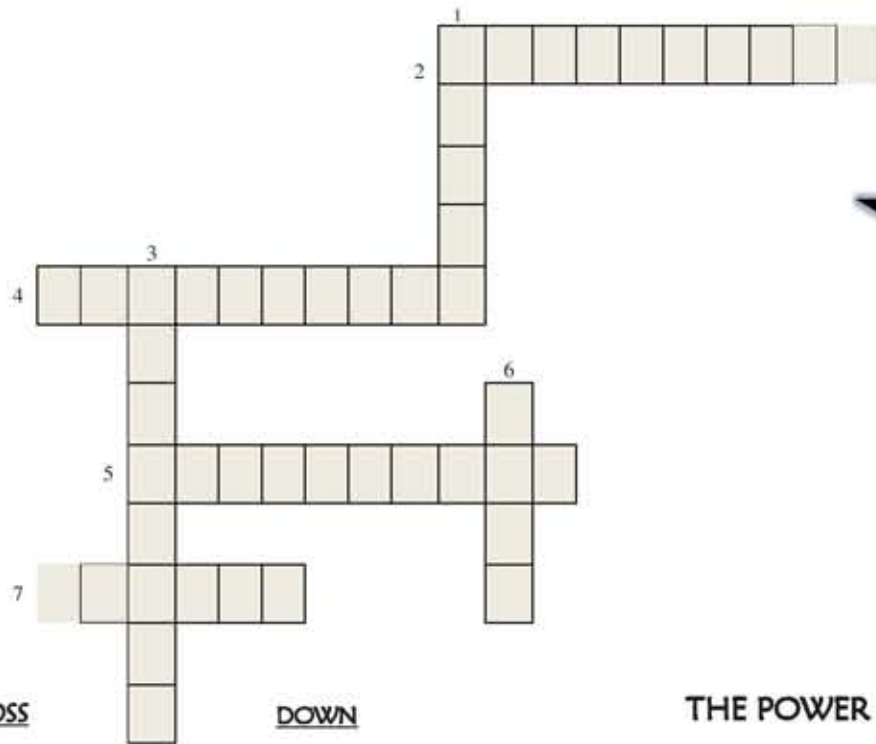
HARD WORK LEADS TO SUCCESS

In a village, a little girl named Nila lived with her family. Her father was a poor farmer. Nila helped in ploughing the fields and in household chores. At the age of twelve, she developed interest for playing hockey. She tried to play with her brother and his friends. Nila was teased by the boys and scolded by her parents who were against her taking up sports. But Nila was not a quitter. She tried hard to keep up with her work as well as the sport. After a few months, a trainer happen to see Nila playing hockey with the boys and identified her talent in the game. He asked her to join his training camp. Much against the wish of her parents Nila joined the camp. She woke up very early every morning and ensured to finish her household work before going to the training. By the end of camp, she was selected for the state championship game. Nila play very well and the team won the trophy. After three months, she was selected for an international game. Again, Nila's hard work and dedication paid off. The team won the trophy. Soon, Nila participated in the Olympics and received the 'Best Female Hockey Player' award. Her family was very proud and happy. Nila, did not give up even under extreme pressure. Her hard work perseverance won her laurels.

Manya M. 5th Grade

CROSSWORD

Ananth P. Ashok, 5th Grade



ACROSS

- 2 GENIUNITY
- 4 ACCOMPLISHMENT
- 5 DEVOTED
- 7 OPPOSITE OF OLD

DOWN

- 1 INTELLIGENT
- 3 OPPOSITE OF LAZINESS
- 6 TARGET

BREAKING THE AGE BARRIER

Youngsters who have accomplished great things inspire us, so do elders who work hard to achieve their dreams regardless of their age and the limits that it might bring to their abilities. When we hear about youngsters' accomplishments, especially at tender ages of 5years, 9years, 13years and so on, we feel inspired to work hard. In the same way, when people in their old age stay motivated and continue on their quest – however big or small- without giving up, we must feel equally inspired. I would call them young achievers too because they are young at heart and persevere with the same spirit as people much younger in age.

There are people who work in a certain profession up until their retirement. After retirement- or should I say once their duty bound obligations are fulfilled and are able to attend to their passion- they go on to achieving greater heights. I believe that anyone, regardless of age, who pursues a dream with dedication and determination is bound to achieve success and will forever become the 'Young Achiever'.

Anjana Ashok, 8th Grade



THE POWER OF WILL

There was a small girl called Wilma Rudolph who suffered from Polio, because of which her leg got twisted. She couldn't walk without support. However, she tried her hardest. Doctors and others discouraged her but her family encouraged her. After a while, she found that she could walk. Later, she decided to participate in a race. It was guaranteed that she would come last, and she did. She participated in more races. She found out that with will power and practice she could defeat people with perfect legs. After many races, she came first in her class!

Then first in her school...Then first in her city...Then first in her state...Then first in her country [in athletics]. And finally, she won three gold medals in the Olympics (running race):

1. A gold medal in 100 metre race she won
2. She won a gold medal in a 200 metre race
3. And she was the reason for which her team came first, and won a gold medal in a 400 metre relay race.

From a point where she couldn't even walk, she reached a point where she won 3 Olympic gold medals in the same year! This is very inspiring and shows you what can be achieved with perseverance and will power.

Tejas, 5th Grade

THE IQ TEST

Kim Ung-Yong, a child prodigy was listed in the Guinness Book of World Records for "Highest IQ". He was able to finish two doctorates (civil engineering and physics) when he was 15 years old. He was invited by NASA when he was 12. They offered him a job that year. At the age of 5 he could read - Chinese, Spanish, Vietnamese, Tagalog, German, English, Japanese, and Korean. He joined university when he was 6yrs old. Kim is the greatest child prodigy the world has ever seen.

Adithya R.



Flashback from last issue >>> FIESTA

HOLI

The festival Holi is celebrated on the full moon day in the month of February - March and welcomes spring when flowers of various colours are in full bloom . According to legend, the evil king Hiranyakashyap was displeased with his son Prahalad's devotion to Lord Vishnu. Hiranyakashyap tried to kill Prahalad in many ways but failed. He then asked his sister Holika, who could not be burnt by fire, to sit with Prahalad on the burning pyre. Prahalad emerged safe while Holika was burnt to death. The burning of evil Holika is still remembered by burning a pyre the night before Holi. Before the fire is lit, we visit the wooden pile and tie thread around it by going around it with the thread 8 times. We offer food, , strings made of cow dung beads and light a lamp. Lots of food and sweets are prepared at home. Holi is a fun day for all of us. We get together with friends and play with colours and water. We use water guns and throw water balloons at each other. It is even more fun when you celebrate with friends and family. I like to look all colourfull in the end. I love the festival of Holi.

Pranit Sanghi, 7th Grade

BELIEVE IN YOURSELF



Kamal, 9th Grade

YOUNG ACHIEVERS



Pranav Kalyan became the world's youngest Microsoft Certified Technology Specialist at the age of twelve. He wrote small software programmes at the age of six.



Tanishq Abraham is the youngest student to have got admission in an American college at the age of 9. He achieved 99.9% on a standardised IQ test at the age of five.

Aditya J, 5th grade