

TIME MANAGEMENT

Out of the many activities we did in class, I liked the Jar activity the most. It impressed me for many reasons. This exercise was done to show us how to prioritize our work in order to manage finishing them within a set time. It made me realize that I need to manage time without wasting it. I learnt to do things on time and not procrastinate. I also learnt that we grow when our goals grow. The order of performing tasks and completing them on time, helps me achieve goals. My goals can grow only if I achieve the set goals. We have to do our work on time for time does not wait for us.

Adithya J, 5th Grade

OBSTACLE COURSE

We did many activities in class to learn different concepts. Out of those, I really liked the Obstacle Course game. It was an activity done for explaining the importance of Communication Skills. In this activity, a person was blind-folded. Other people in the class hid a duster. They set up obstacles along the way to the hidden duster. The blind-folded person had to go through the obstacles and find the duster by listening to instructions from others. This activity helps improve Verbal Communication skills. Even if we used actions, the person could not see it. So, we had to use only Verbal Communication. I was the person who was blind-folded. It was difficult for me to understand the information as everybody was shouting. They gave instructions that were confusing. We learnt that, unless instructions were given clearly and in the right order, the task cannot be completed.

Aditya Ravindran, 7th grade

OBSTACLE COURSE

The objective of this game is to improve verbal Communication skills and listening skills. It was interesting and exciting when we played this game for the first time in our class. The class gave instructions to a blind-folded player to help him navigate through an obstacle course and finally get to a particular object. All of us shouted 'go left', 'right', 'diagonally' etc. This continued for some time, and at one point the player was completely clueless on his next step forward. Next we played the same game with one person giving instructions at a time. This time the player could easily pass through the hurdle and reach his destination comfortably. We could understand that communication at the right time and at the right pace eases many such situations. Once in my school, the basketball team was being finalised and many boys were shouting simultaneously to register their names with class leader. It was utter confusion. Then we applied this method and instructed our classmates to call out their names one by one. By this, we were able to note down the names clearly and quickly. Hence Communication and team work are the key words to be remembered.

Vishaal, 8th Grade

MISCOMMUNICATION

My favourite WOW class activity was Chinese Whispers. It taught us what miscommunication means. To play this game we had to whisper a word to each other one at a time and in order. When the last person says the word aloud, it always turned out to be something different from what was told by the first person. It was so much fun playing. E.g.: Ferrari became biryani. We learnt that we have to be clear in communication. Else the information will be miscommunicated.

Vasudha Kannan, 5th Grade

PRIORITIES

I liked the rocks and sand activity the most because, it helped us understand how valuable time is. It is easy to get distracted, lose focus on the things that are important in life and fill precious time with meaningless things. Instead, this activity taught us to use our time effectively. By starting the day with easy activities we will be left with no time for doing the things that actually matter and require more time to be completed. We learnt how to divide our work according to the time we have. After doing this activity in class, I have started prioritizing my needs and use my time well.

Akanksha, 8th Grade

CAN YOU MAKE T?

The T game was challenging. The objective of the game was thinking out of the box. At first, I thought it would not be possible, but when someone else solved the puzzle, it looked easy. This game helped me in many ways. Once when I took a brain gym quiz, some questions were difficult. I remembered to think out of the box and got the answer correct. This game was fun. I will never forget the objective of this game.

Ganesh Anantharaman, 5th Grade

CHINESE WHISPERS

My favourite activity in WOW class was the Chinese Whispers game. This game taught us how to improve our listening skills and to speak with clarity. We played this game twice. The manner in which we play this game is very funny. It all started with my friend Aditya J. The words to be whispered were Krishna and Radha. It was passing on calmly. But when it reached me, the words were senseless! Finally, when the word was said aloud we were shocked to see how it had changed completely to a nonsensical word. After a short break, we decided to play the game again. This time, whispering started with me. The words were 'I am wow'. But when it reached the last person, even though the words made sense, it was not what I said. 'I am wow' had become 'Hare Rama Hare Krishna! We all burst into laughter again. After finishing the game, we had promised Anu aunty that we will try to improve our listening skills and speak with clarity. We enjoyed that class very much.

Manya Mehrotra, 5th grade

THE MONEY GAME

My favorite activity was the 24 Rupees game. We were asked to list the time we take to do our activities in a day. We claimed we were left with no time to complete all tasks on a daily basis. For every hour, we used a rupee. In the end, when we finished listing our activities, we still had at least one hour to spare. Aunty explained to us that, we will have the time to achieve everyday goals only if we practice to use time well. By extending any activity even by 10mins, we are taking away time from another activity. At the end of the day if we add up all these small durations of extended time, we end up with few hours that went by without our knowledge. These days, at home I plan my free time such that I could finish unfinished work or study a chapter ahead of schedule.

Yeshwant Dasari, 8th Grade

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- BUILDING CHARACTER THROUGH SPORTS
- LEARNING SKILLS THROUGH DOING
- DISCOVERING THY SELF

I AM WOW!

Current issue – SPORTS REVEAL CHARACTER >>>

WOW ACTIVITY I LIKED MOST >>>

DISCOVERING MYSELF >>>

CHECK MATE

Lot of character is revealed in the game of chess. Apart from good memory, the player develops patience to sit and concentrate for a long time. Chess Maestro Vishwanathan Anand became the world chess champion, but lost with Magnus Carlson. He did not give up. He practiced well and played with Magnus Carlson again. Anand lost one more time, but played better than the first time. He did not give up. Persevering helps us stay motivated and try harder with determination. Not only from playing sports, we can also develop strong character and sportsmanship from watching and learning from Maestros like Viswanathan Anand.

Vaudha Kannan, 5th Grade

SPORTSMANSHIP

All sports players like Sachin Tendulkar, MS Dhoni, Virat Kohli and football, hockey players etc. have to be very cooperative. In some situations, a player needs to let another (who has a better chance of securing a goal) strike and take the credit, as that is what would be good for the team. A good sportsman accepts team decisions like match time, adjustments etc. All sportsmen understand and exchange messages by just looks and have lot of telepathy. Sharing lots of wins and losses, they learn lessons together and become good friends in their personal life, helping each other. Every sportsman needs to know that despite months of practice, mistakes or losses may occur. It is very important to fix mistakes rather than blaming or moping or punishing. Practicing for years, the team might still lose. People take losses sportively and they also learn how to deal with similar losses in real life. Therefore sports build and reveal the character of a person.

Tejas, 5th Grade

MIRROR MIRROR ON THE WALL...

2 FEBRUARY 2015

Weekly dose of positivity and inspiration



UNITED WE STAND

We all know that sports makes us mentally and physically strong and it toughens us up. Sports teaches us how to unite and work as a team. Without hard work, sports is useless. If we win a match we should not boast our win and if we lose, we should not give up or blame others for our mistakes. Let's take an example, a cricket team has 11 team members. And if a team player makes more runs he should not claim victory. Similarly if a team player is not able to perform well, he should not lose hope or blame others. He should instead accept his mistake and try harder next time. Thus sports removes negative feelings and enhances positive feelings. Sports also teaches us a big lesson of how to be tolerant towards others and act in harmony.

Manya Mehrotra, 5th Grade

SACHIN TENDULKAR

Cricket is a sport that reveals the character of an individual. I choose to write about how cricket has revealed Sachin Tendulkar's character.

- We cannot recollect Tendulkar in a spat with either his teammate or of the opponents team. This shows self-control.
- He never craved to be the captain of the team. Though being the senior player, he never had any ego to play under the leadership of junior players. He always was readily available to provide feedback or guidance to the captains.
- He never had any superiority complex though he had got many world records under his belt.
- He has not brought his private life into public.
- He is hardworking.
- He never gives up.
- He takes victories and losses in his stride. He shows great sportsmanship in walking down to the opponent's team to congratulate them on their win.
- He is always confident.

Aditya J, 5th Grade

FLASHBACK >>> RESOLUTIONS

LOOK BACKS AND RESOLUTIONS

2014:

I started 2014 with lots of resolutions, and I achieved many successfully. My look backs: I scored merit in 3rd, 4th, and 5th grade trinity examinations in keyboard. I tried harder to communicate better with others. I earned the best student award of the month during August and September 2014 in my school. I created my own school band named zinx and during my school annual day our band was used for time fillers. I started making lots more friends. I stopped using mobile phones, gaming consoles, etc. and started exercising regularly. I started cycling with my schoolmates. I planted 5 trees. I completed my scouts course and waiting for the result from the Governor of Delhi, as I need to receive the certificate from him.

2015:

I am beginning 2015 with lots of resolutions, and aim to achieve them successfully. I will complete 6th, 7th and 8th Trinity grade exams in both keyboard and drums. I will implement the steps taken in 2014 for better communication with others. I will get the best student award of the year. I will achieve something bigger using my school band. I will get good marks in board examination. I will continue cycling with my friends. I will plant more trees. I will finish my ranger course.

Kamal, 10th grade

TIC TAC TOE

WOW classes focus on helping children find themselves. Most of them join to satisfy the mother or father who aim to develop the personality of their child. Once in, the children love the way the class works. Interestingly, the one common answer parents get from the children soon after class (every week) is "It was fun". The impression of fun opens up their mind and makes them more receptive than otherwise. This helps us get them thinking. Some are able to internalize learnings in a short time, some are able to apply a new learning right away, and others take time. We at WOW believe that, any learning comes a complete cycle only when opportunities to apply that learning is provided. Thereafter re-visiting/reinforcing the learning helps build the concept. WOW's annual event is designed to provide such a platform. The event is organized after series of discussions and brain storming in class. The students are involved in planning, choreography and everything in between. The WOW team finds that these sessions sometimes bring breakthrough moments for some students and others discover themselves at the event. As caretakers and guide, let us encourage the children and appreciate their efforts. Let us ensure that this opportunity brings a breakthrough moment for not just the students but also everyone who is present. Wishing you a fun time at TIC TAC TOE.

The WOW Team



OHI WHO DO I SEE...?

She's as tall as me. She's kind and nice. She looks good, but I can't yet confirm as I don't know about her inner side. So, I went and talked to her...

I talked to her and she seems quite friendly and nice. I asked her about herself... if she had any successes and failures until the year 2014, because she looked like she had missed a lot in 2014. She started with the failures.

She had got a lot of opportunities to participate in completions, like quiz etc... but had decided not to join. Many things have gone wrong due to misunderstandings and assumptions. Perhaps, just believing and understanding others could have saved a few sad moments. Many of her 'latest' or 'recent' failures are just because of laziness and procrastination, but however she also claims that she was busy and had a lot of work. Sometimes, her attitude was the problem; however, she says that she has always been lucky. Her life, till now has had many ups and downs, especially 2014, where she had to face many challenges. By now, we were somewhere close to becoming good friends... I then started to comment on whatever she was saying and hoped she didn't get offended...

She continued saying that she is lucky to have parents like her own. She told me a lot of instances where I felt really jealous of her. She surely does lead a luxurious, 'royal' and a tension free childhood! She has travelled to many places, in and out of India. She then started to tell me stories and funny incidents that had happened during the outings. It was boring... when she tried to make it seem like it was comical, but the way she told it seemed like she enjoyed every bit of it and was really very happy about it.

Some of her major successes included her achievements in an art form – dance, Bharathanatyam. She finished her Salangai poojai, which is supposed to be the first step in the dance journey of a learner, at a young age of 9 and completed her Arangetram at the age of 14, which I believe is a program that portrays a dancer's talent and potential. She has also won music competitions & shloka recital competitions. Furthermore, there are a few academic achievements too. It seems, there has been a good improvement in her, in all aspects. She aims to continue following her good ideas and thoughts and leave behind the bad ones... I was just there, listening to all these and imagining what I would have done, in each situation...

Oh wait... who did I just see and speak to... Oh My God... Was I just looking at the mirror all these while?

Ananya R, 9th Grade

KIDS CARE 4 KIDS

A fundraiser to help children understand what giving is and how they can make it happen while they are still kids. We have planned to offer plenty of opportunities for you to help raise funds. Please be generous and set a positive example for the children striving to make a difference in the lives of other children who are not as fortunate as your own! **HAPPY GIVING!!!**

ABOUT ME

My name is Aditya. I study in Chettinad Vidyashram, in class 5. I am 10 years old. I have a brother whose name is Advait. In my free time I read a lot of comic books, G.K books and mystery books. I go to school by van. My goal is to get more marks than I used to get previously in every subject. I am going to a class from which I can improve my vocabulary, grammar and writing skills. I go to karate class twice a week. I have many friends and I like playing with them. My favourite outdoor games are football and basketball. While, my favorite indoor games are Chess and caroms. I want to learn calligraphy. I have learnt emboss painting and glass painting. I have a habit of maintaining a diary.

Aditya J, 5th Grade

LIVE LAUGH LOVE

When you look in the mirror, what do you see? Do you see the real you, or what you have been conditioned to believe is you? The two are so, so different. One is an infinite consciousness capable of being and creating whatever it chooses, the other is an illusion imprisoned by its own perceived and programmed limitations. I learned, when I look in the mirror and tell my story, that I should be myself and not whatever everybody is doing. When I look back to the past 14 years of my life, I realize that I've changed a lot. I've been doing a lot of things that I don't want to do but still following them because others want me to. I've been living my life in just the way others want me to. Living up to the expectations of my family friends and teachers, I have not been really living my own life. All I am is nothing but the 2nd version of people around me. I have adapted the good in others as well as the bad. During the recent years, I've been trying to be "Who I am" "the real me..." I've been developing my habits and also my attitude towards elders and others. I've started writing a diary that will help me check the progress of seeing what I have become. When I was small I used to be a really scared person, I used to hide behind my mother when I met new people. As years passed by and I grew up, I realized that I have to overcome this fear and face people one day or the other, so I decided to change my behavior and talk to them with courage and confidence. I have also stopped complaining about my life, stating that its "unfair". I have learned to move on realising that this is nothing compared to people who are suffering without food and shelter in this world. Life is short, we must enjoy it. Recently I've stopped procrastinating and do my work on time. I have also started giving more importance to studies instead of playing games all the time. A year or two ago, I used to be very lazy and could live life as long as I had a TV, computer and food. But I came out of that and now I am a social person who enjoys spending time with others and playing outdoor games. Even with all the discoveries and realisations I am still trying to find the real me within me. But one thing I do understand is - Life is short, and it is up to me to make it sweet yet meaningful.

Akanksha, 8th Grade

MY LIFE

My life till now has been a joy. Thanks to my parents, I have gone to many places out of India. I realize that many children are not fortunate to go out of India. I have gone to Egypt, Uganda, Nigeria, USA, Philippines, Thailand, Canada, Dubai, and Cambodia. Even though my first five years of schooling was in Chennai, I lived in Delhi for two years. It took me 6 months to learn Hindi. I joined Cricket and started learning French. My mother was very happy when I got centum in EVS. Even though I felt sad to leave behind my friends when I had to move to Delhi, I was happy to see them when I returned in two years. I joined WOW Personality Development Class and met Anu aunty. It is a nice class. I am now in VII grade and hope my life will continue to be enjoyable.

Aditya R, 7th Grade

ALL ABOUT ME

I think that others perceive me as an intelligent kid, who is sometimes a bit childish. Also, I have come to understand that I am not completely aware of the situation around me and sometimes I am not self-aware i.e., aware of my volume, posture etc. Many times, I don't look for the 'situation readiness' before I do something and this may lead others to think that I am a little selfish. For example, someone could be in pain and I could keep talking about my own interests. However, people close to me understand the root cause and keep giving me feedback that I have to first observe the situation before I decide to do or say anything. On the plus side, many people have appreciated my natural curiosity in learning subjects and have observed that I am very sincere in my work. This makes me feel happy. Also, I never disturb others and people appreciate that in me. In the last year, I have noticed that I have become more alert, although a lot is still wanting. I have also become more self-aware. I have learnt to speak at the appropriate volume and with clarity when outdoors. I will work on my volume indoors too. I have also become more responsible and independent. I intend to focus on my body posture, eye contact, observing situations, not showing off etc. so that I make other people comfortable around me. Of late, I have developed an interest in reading and I will keep it up. I would like others to use the following adjectives to describe me:

- Best friend
- I want him
- Interesting
- Mature
- Responsible
- Nice

I will work on my personality, to reach this goal.

Tejas Sharma, 5th Grade



10 Shanthi Kutir, 36, Balakrishna Road, Valmiki Nagar, Thiruvanniyur, Chennai 600041, PH: 9940545969

Email: wow2transform@gmail.com

www.wisdomofwords.in, www.facebook.com/wow2transform